

Milestones & Me

Children's Support Solutions



Children's Support Solutions
Toronto 1131 Leslie St.
Age range: 3 to 12 months

Program description:

Facilitated by a licensed and experienced regulated health professional with specialized training in child development and paediatric health care, this parent and baby group provides the opportunity to review motor skill development, play skills, and overall developmental milestones for children 3-12 months of age.

During weekly, one-hour sessions, parents will be provided tools and tips to encourage motor development and learn about ways to promote appropriate development across all three areas! In addition, each session will be structured in a way which provides every participant with an opportunity to meet one-on-one with the therapist. During this time, you'll be able to receive recommendations, see exercises demonstrated or get answers to questions which are specific to your new bundle of joy.

Week 1	Week 2	Week 3	Week 4	Week 5
Importance of Rolling, Tummy Time & Weight Bearing	Sitting Balance, Visual Tracking & Development of Reaching	First Locomotion – Crawling or something like it!	Pulling to Stand & Cruising Play Development & appropriate toys	Independent Walking & How to get there

Program fees:

This 5-week program is available for \$200 and payment can be made using VISA or MasterCard. A 50% deposit is due at time of registration and the remaining 50% balance is due on the date of first session. If you have extended health benefits coverage, this program may be covered under Physiotherapy.

Cancellation policy:

Registration deposits are 100% refundable, provided that cancellation is received at least one week prior to the first session. Fees cannot be refunded or prorated due to absence or missed session and deposits are non-refundable if less than one week notice is provided prior to cancelling.

Call now and reserve your spot! 1 866-653-2397